

# 2012 - 2013 Youth Cheerleading Program

Sponsored by Alexandria Department of Recreation, Parks and Cultural Activities - Sports Office

For ages 5 through 16 years, as of April 30, 2013



**DEADLINE IS SEPTEMBER 7**  
**City of Alexandria Residents Only**



**Register at your local Recreation Center**  
**Cheerleaders must cheer in their recreation center districts.**

***(Registrations must be accompanied by a birth certificate, unless one is already on file.)***

PLEASE CHECK:  Boy  Girl DIVISIONS:  Pee Wee (7 yrs. & under)  Youth (12 & under)  Junior (16 & under)

**For more information call 703.746.5402.**

*Varsity High School Cheerleaders are ineligible to participate.*

**Practices begin in September.**

The Alexandria Department of Recreation, Parks and Cultural Activities encourages participation in City programs from all City residents. If you, a member of your family or a friend would like to participate in programs or activities sponsored by this Department and are in need of fee assistance in order to participate, please call 703.746.5402

## PLAYER RELEASE FORM

**(All blanks must be completed - One form per child)**

Name in Full \_\_\_\_\_ Age as of April 30, 2013 \_\_\_\_\_ Date of birth \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

Home phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ School \_\_\_\_\_

E-mail \_\_\_\_\_ Grade \_\_\_\_\_

In consideration of the City of Alexandria, Department of Recreation, Parks and Cultural Activities, conducting various programs and allowing \_\_\_\_\_ to participate, the undersigned, realizing the risk of injury attendant to such programs, does/do hereby release and forever discharge the City of Alexandria, its officers, agents and employees including but not limited to the Department of Recreation and its supervisors, from any and all actions, causes of action, claims and demands for, upon or by reason of any injury which hereafter at any time may be sustained by participation in such programs. The participant has had a physical exam within the last 12 months and is physically capable of competing in the sport of volleyball. I also give the Recreation Department permission to verify the participant's birth date at his/her school. Per the City of Alexandria policies, registration information of each participant is provided to the Alexandria Department of Recreation, Parks and Cultural Activities (ADRPCA) for recreation department programs only.

**Return form and a copy of birth certificate to:**

**ARPCA/Sports Section**  
**1108 Jefferson Street**  
**Alexandria, Virginia 22314**

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Parent or Guardian (Print Name)

\_\_\_\_\_  
Date

Volunteer coaches are needed. Are you willing to volunteer?  Yes All volunteers are required to have a background check.

**Check our website for all youth sports information at [alexandriava.gov/recreation](http://alexandriava.gov/recreation)**

**OFFICE USE ONLY**

Initial \_\_\_\_\_ Date Received \_\_\_\_\_